



UNIVERSITY OF MINNESOTA ROCHESTER

Mental Health Counselor

Working Job Title: Mental Health Counselor

Reports To: Assistant Vice Chancellor of Student Success, Engagement, and Equity

Department: Student Success, Engagement, and Equity (SSEE)

Hours: 40 Hours per week, Monday - Friday

Classification: 9724M1 Mental Health Care Provider 1

Position Overview

We seek an equity-minded and culturally attentive mental health professional who understands the complexities of college student life. This professional is expected to pursue relational and solution-focused methods that attend to the developmental, identity-related, learning and mental health concerns of students. UMR is committed to fostering a community of wellbeing and providing services that help students meet their physical and mental health needs from a holistic perspective, with a focus on education for lifelong learning and optimum health. Within UMR our concept of creating a diverse community broadly encompasses people with identities that have been historically marginalized in our society and underrepresented in higher education and the realm of public affairs, particularly: People of Color; Indigenous Peoples; New immigrant populations; People with both visible and hidden disabilities; Women and people of all gender identities and expressions; and, First-generation college students. This campus leader will model UMR values of respect, diversity and inclusivity, community, evidenced-based decision making, and human potential.

The Campus Counselor is responsible for providing clinical mental health services to the student population. This includes providing clinical mental health counseling in the individual and group setting, the development, implementation and evaluation of policies, procedures, and programs, as well as consulting with faculty, staff, and administration over mental health topics. In addition, the campus counselor will participate in developing proactive mental health programming for the entire student population.

The Campus Counselor is a crucial member of our UMR Student Success Team and reports directly to the Assistant Vice Chancellor for Student Success, Engagement, and Equity. This position also represents UMR at University of Minnesota system-wide meetings for student mental health professionals, leveraging resources, sharing innovations, and ensuring campus awareness and compliance with System policies.



About UMR

Our Vision is to transform higher education through innovations that empower graduates to solve the grand health challenges of the 21st-century. In this vibrant context, students are at the center of all we do – including faculty research focused on the efficacy of educational innovation. By offering a distinctive health sciences education, UMR prepares students for a broad spectrum of career pathways including patient care; resilience, wellbeing and mental health; health care research and discovery; global health and public policy; emerging health technologies; and the business and leadership of healthcare. In its tenth year of serving students, the campus community is growing and currently serves more than 750 undergraduate and graduate students in the heart of downtown Rochester. Through creative partnerships, this campus aims to grow in size and influence in its second decade with an approved plan that includes three distinct phases of expansion.

Key Responsibility Areas

45% Provide intake assessments, individual counseling and group counseling for UMR students

- Provide culturally-informed care including individual and group counseling within a flexible, but generally short-term model
- Provide documentation of all clinical contacts
- Conduct intake assessments and refer to appropriate resources as needed
- Consult as necessary with faculty and staff regarding individual student mental health issues

15% Provide crisis intervention and support for UMR students

- Work with a team of UMR staff on a rotating basis to be on-call for the Rochester campus
- Serve as a point person for UMR students who are in crisis, when an outside mental health agency is involved

15% Consult with faculty/staff and outside constituents regarding student mental health issues

- Serve as a member of the UMR Care Team
- Work closest with the UMR Health and Wellness Advocate, Disability Resources Coordinator, Director of Student Engagement, Director of Residential Life, and the Student Success Coaches to collaborate on appropriate strategies, response and support for students struggling with mental health issues
- Provide resources to students regarding various available mental health resources within diverse communities and work closely with services and resources available within diverse communities when needed



15% Provide campus education on mental health issues

- In coordination with the Health and Wellness Advocate and the Disability Resources Coordinator, provide preventative education regarding mental health issues to students, and outreach to the broader UMR community.
- Train relevant UMR staff and students on crisis intervention and basic counseling skills

10% Operate as part of a multidisciplinary Student Success Team that supports UMR students**Minimum Qualifications**

- Master's degree in Social Work or Counseling/Clinical Psychology or related field with appropriate licensure
- 4 years of experience in a mental health setting

Preferred Qualifications

- Experience with college counseling services
- Generalist skills in working with depression, anxiety, identity development and family of origin issues
- A student-centered leader with a deep passion for student life and associated best practices in the context of higher education.
- Experience working with students experiencing eating disorders and substance abuse
- Experience with culturally diverse student populations and familiarity with cultural identity development theories
- Demonstrated strong commitment to the University's goal of creating a community of wellbeing and inclusive campus climate
- Experience with mental health diagnostic testing
- Experience working with resources available within diverse communities

