



UNIVERSITY OF MINNESOTA
ROCHESTER



Introduction

- Misuse of stimulant drugs in the US is not uncommon. Approximately 2.1%, or 5 million individuals have misused stimulant drugs at least once in the United States (NIDA, 2019).
- Several of those individuals have been college students. It's been reported that 2.9% of college youths in the US participate in misuse of stimulant drugs in 2002 (Weyandt, et al., 2016).
- Average misuse of stimulant drugs was 6.4% at the University of Minnesota Duluth campus way higher than 2.9 % average at all colleges (Hughes et al., 2016; Smith, 2010).
- There isn't research regarding the University of Minnesota Rochester campus involvement stimulating drug use. This pilot study is dedicated to find a foothold.

Discussion



What do the results mean?

There is an overall lack of knowledge pertaining to the symptoms of prescription drug abuse and misuse. Moreover, the more that a faculty knows about policy, the more they agree that there is a clear lack of policy for prescription drug abuse at UMR.

Why do they matter?

It shows how faculty fail to recognize symptoms of prescription drug abuse, and show how even faculty agree that there is a lack of policy at UMR.

What can't they show?

It can't show any experience faculty have for recognizing prescription drug abuse symptoms in students at UMR.

What follows?

A policy for training that ables in the recognition of prescription drug abuse symptoms. Additionally, there should be more engagement and resources to prevent prescription drug abuse and to help a student rehabilitate.

References

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The Stimulating Misuse of Stimulants: A Pilot Study

Objective

To explore the faculty experiences with stimulant prescription drug use among UMR students.

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Methods

Qualitative Interview style

Emailed UMR faculties in multiple departments

8 UMR faculty accepted to be in the pilot study

Confidential interviews; participants were given pseudonyms names

Interviews lasted 20-40 minutes and were transcribed and analyzed

Four themes were extracted from the transcripts

Findings

Awareness of Response Resources

"I know what I'm supposed to do if I notice or suspect it. Especially with our new system, it's easier, it's called APLUS. It allows us to send a note about students enrolled in your courses... then it goes to their Care team."
-Lloyd

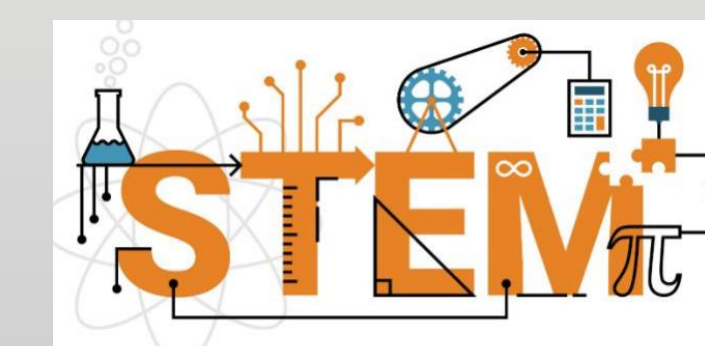


Lack of Student Coping Resources

"I think [The Counselor] deserves a second confidential resource... I know that a lot of women do not feel comfortable sharing information about themselves that they feel ashamed about to a man."
-Bridget

Lack of Faculty Knowledge & Awareness

"I mean I suspect, I'm not naive as to think it doesn't happen."
- Pontiff



Culture of Stress

"UMR students deal with stress daily. It's highly stressed in general because of the heavy science-based curriculum. But they deal with stress ineffectively."
-Luke