

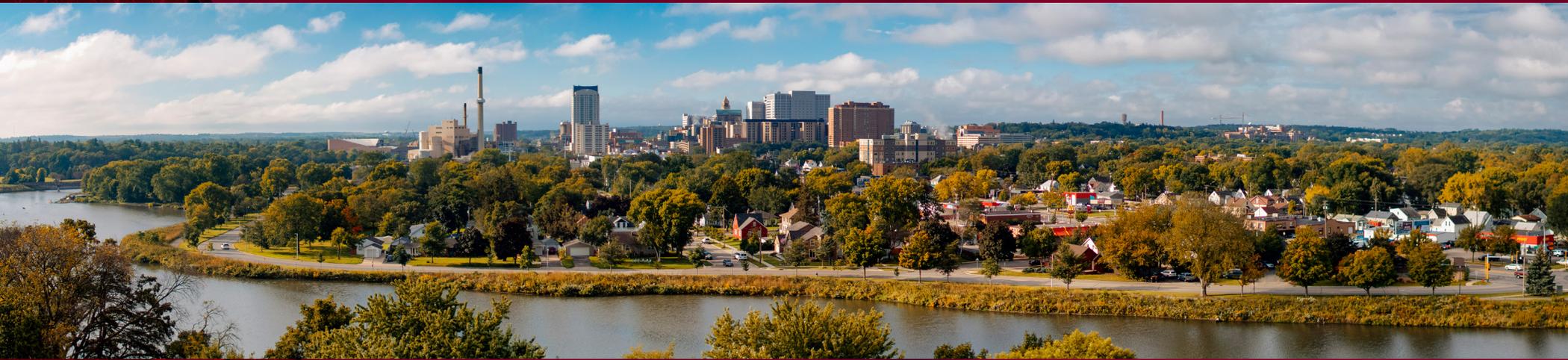
BIRD'S-EYE VIEW

Your Guide to the First Year



ROCHESTER





WELCOME TO UMR!



Your passion for a career in health has drawn you to the University of Minnesota Rochester (UMR). I am so glad you are here. You have chosen us – and we have chosen you. As a member of the UMR campus community, you belong. Welcome!

Your faculty and staff envision UMR graduates—including you—solving the grand health challenges of the 21st century. We are committed to providing you with a world-class health education, encouraging your discovery of personal strengths, and empowering you to be well and resilient as you navigate the rigors and rewards of learning. Together we will live out our Grounding Values of respect, diversity and inclusion, human potential, evidence-based decision making, and community.

I want you to thrive while you are a student at UMR. The information in this Bird's Eye View is provided as an initial guide. Your relationships with peers, success coaches, professors and others at UMR will serve as the ultimate guide as you move in the direction of your dreams.

We have high expectations for you and invite you to have high expectations of us. While you are at UMR, your curiosity, creativity, compassion and courage will grow. Know that this campus community is here for you, no matter what the challenge.

Wishing you a joyful college journey at the University of Minnesota Rochester,
Chancellor Carrell



COVID-19 NOTICE

UMR's innovative faculty are committed to creating incredible learning experiences. Even with the public health challenges presented by the COVID-19 pandemic, you can count on our campus community to provide exceptional courses and to support you as you make progress toward your goals for a great college experience and an on-time graduation.

COURSEWORK EXPECTATIONS

Fall coursework will include a combination of in-person and online instruction that will be vibrant and engaging. UMR faculty are committed to excellence in their teaching and they know how to use digital modalities to teach well and to build community.

HEALTH AND WELL-BEING

Your health and well-being remain a top priority. We are consulting with public health experts and following their guidance, tailored for our spaces. One unique characteristic of our campus is that we walk the skyways with Mayo Clinic patients and health care professionals. All of us are committed to #ProtectTheNest. We will together pledge to follow public health guidelines throughout the semester. Currently, those expectations include wearing a mask when you are indoors and a distance of 6 feet or greater. Any student who might develop COVID-19 symptoms will have access to testing and if you are ill, we'll accommodate your learning needs through remote access.

While there will be inconveniences created by the pandemic, we also know that as future health professionals this experience will contribute significantly to your learning.

For additional informations and FAQs, visit r.umn.edu/return-to-campus.

IMPORTANT LINKS

STUDENT FLOWCHART

Steps to take with a confirmed or possible COVID-19 diagnosis.

z.umn.edu/StudentFlowchart

COVID CARE REPORT

Complete this form if you are exposed or test positive for COVID.

z.umn.edu/UMRCOVIDCareForm



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UMR VISION

The University of Minnesota Rochester will inspire transformation in higher education through innovations that empower our graduates to solve the grand health challenges of the 21st century.

UMR VALUES





EXPECTATIONS FOR YOUR EXPERIENCE

During Orientation and Welcome Week you will hear a lot about Student Outcomes. These outcomes provide a framework for your undergraduate experience.

STUDENT OUTCOMES

The Student Outcomes help guide faculty to develop courses and learning activities and provide strategic ways to improve teaching and learning. The hope is that the Student Outcomes, in bold below, prepare you to speak about your experience and knowledge. This is an example of the University's commitment to exceptional teaching and learning. You can begin working toward achieving these outcomes today.

> **Knowledge in the Health Sciences**

UMR students will acquire knowledge to provide a substantive foundation for advanced learning in the health sciences and related disciplines, including humanities, biological science, historical perspective, literature, mathematical thinking, physical science and the social sciences.

> **Intellectual and Practical Skills**

UMR students will demonstrate progressively advanced competence in the intellectual and practical skills related to oral and written communication, independence, interdependence and reasoning, including scientific inquiry, quantitative literacy, information literacy and problem-solving.

> **Self Regulation**

UMR students will develop and implement practices associated with self-monitoring, goal orientation, academic discipline, determination, accountability and responsibility. In addition, students will develop the ability to evaluate and modify reactions and behaviors in order to work under conditions of uncertainty and facilitate introspection and resilience.

> **Social Engagement**

UMR students will apply an understanding of multiple perspectives, experiences and social structures to interact with people from diverse backgrounds and recognize local and global challenges.

LIVING ON CAMPUS

Welcome to your home away from home at the University of Minnesota Rochester!

Located in the heart of Med City, 318 Commons and Residence at Discovery Square are ideal living complexes for emerging medical professionals. The proximity to the University, local medical professionals and in-building classrooms makes housing at UMR one of a kind.

318 COMMONS

318 Commons provides a high-quality living experience with all the amenities of home and security measures designed for safety and comfortability.

- All first-year students live on campus at 318 Commons
- 318 Commons is a nine-story co-educational apartment building which houses a total of 250-plus residents.

RESIDENCE AT DISCOVERY SQUARE

Residence at Discovery Square is located in downtown Rochester, Minnesota; two blocks from the main campus, and in walking distance of many restaurants, attractions, the Rochester YMCA, and the Mayo Civic Center.

- Second and third year students are invited to live at Residence at Discovery Square.

FRONT DESK SERVICES

The Front Desk serves as a place to ask questions, report incidents and emergencies, checkout games and other equipment and is responsible for the delivery of packages to our residents.

HOUSING CONTACT INFO

MAILING ADDRESS

318 1st Ave SW
Rochester, MN 55902

EMERGENCY/ ON-CALL

8 p.m. - 8 a.m.
507-202-1927

FRONT DESK

10 a.m. - 2 a.m.
507-258-8240

EMAIL

rhousing@r.umn.edu

HOUSING RELATED LINKS

HOUSING GUIDES

z.umn.edu/UMRHousing

DATES & DEADLINES

z.umn.edu/UMRHousingApp

MOVE-IN GUIDE

z.umn.edu/UMRMove

POLICIES AND PROCEDURES

z.umn.edu/UMRPolicies

HOUSING FAQ

z.umn.edu/UMRHousingFAQ

FRONT DESK SERVICES

z.umn.edu/UMRFrontDesk

MAINTENANCE

If you need something repaired in your room, first, contact a RA or 318 Commons staff member as soon as possible. They are trained in minor repairs and may be able to fix your issue. Your RA can also directly refer your issue to building management and will continue to follow up until your repair is completed.

MAIL

In 318 Commons, mail is delivered to the mailboxes on the 1st floor, just beyond the elevator lobby. Each apartment is assigned a mail-key which will open your mailbox and roommates will share this key as a common resource. Packages may be placed in the package lockers below your mail slot (look for a package locker key in your mailbox) or may be delivered to the front desk. If the package is delivered to the front desk, the DA will send you an email requesting you to pick it up.

In Residences at Discovery Square, residents will use their resident key-fob to enter the package/mailroom on the 1st floor entry way of the building; across from the elevators. All packages and mail will be placed in this secured room.



EATING ON CAMPUS

Students at UMR learn to cook for themselves, with their roommates and floor-mates, which teaches them vital skills for life.

The residence buildings were purposefully designed to include a full kitchen; including a full-sized refrigerator with freezer, a double-sided sink with garbage disposal, an oven-stove combination and dishwashing machine.

FOOD PANTRY

UMR's Food Pantry is made possible through donations from the Channel One Food Bank of Rochester, People's Food Co-Op, and The Village Community Garden and Learning Center. Donated items range from basic kitchen essentials to personal hygiene products and are available to all UMR students, faculty and staff throughout the year. For hours and more information, visit z.umn.edu/UMRFoodPantry.

FOOD RESOURCE GUIDE

Check out z.umn.edu/UMRFoodResources for more information on student discounts, food delivery and transportation, free meals, local food deals, food shelves, grocery stores, cultural food stores, local farm support and additional food resources.

GETTING AROUND CAMPUS

Public transit, ride shares and more.

PARKING

For some, bringing a vehicle is a necessity. If you choose to bring a vehicle to campus, visit z.umn.edu/UMRParking for cost information and the process to secure parking.

TRANSPORTATION

Rochester Public Transit serves the city of Rochester. 120-day bus passes are available for UMR student's to purchase in the Student Success and Engagement Center for \$80. The amount will be charged to your student account.

HOURECAR

Grab the keys to clean, safe and reliable vehicles at hubs near UMR and in downtown Rochester. HOURECAR is a local nonprofit carsharing provider. Cars are regularly sanitized and inspected, and insurance is included. Annual student membership plans start with \$40 in driving credit and includes gas, insurance and 24/7 roadside assistance. Reserve at hourcar.org.

SAFETY AND SECURITY

One of UMR's primary concerns is to create and maintain safe living and learning environments for UMR students.

The Office of Residential Life works in conjunction with campus-wide safety partners and the city of Rochester to ensure that your time here is conducive to learning and living without interference.

> Building Rounds

Each night at 8:00 p.m., a member of the RA staff performs building rounds at 318 Commons. RA staff can be reached on-call at 507-202-1927 for concerns or emergencies.

> Student Security Monitors

A member of the Student Security Monitor team performs building rounds and maintains a presence in 318 Commons and University Square seven days a week. Monitors are available for any emergency or concern and are able to contact building and emergency personnel.

> Room Doors

All apartment and individual bedroom doors have locking mechanisms. Apartment doors are always locked and can only be accessed via key-fobs given to the roommates of the apartment. Bedroom doors may be locked or unlocked via keys given to each resident.

> Fob Elevator Access

Access to any of the residential floors is limited to residents of the building via key-fob. No person can access any floor above the second floor without a resident-assigned fob.

> Stairwells

The stairwells allow egress in the event of an emergency but do not allow ingress. To access the floors, all persons must use the elevators that are controlled via key-fob access.

> Skyway

The Rochester Skyway is connected to 318 Commons and University Square and allows for comfortable, well-lit, direct access to other UMR facilities and downtown locales.

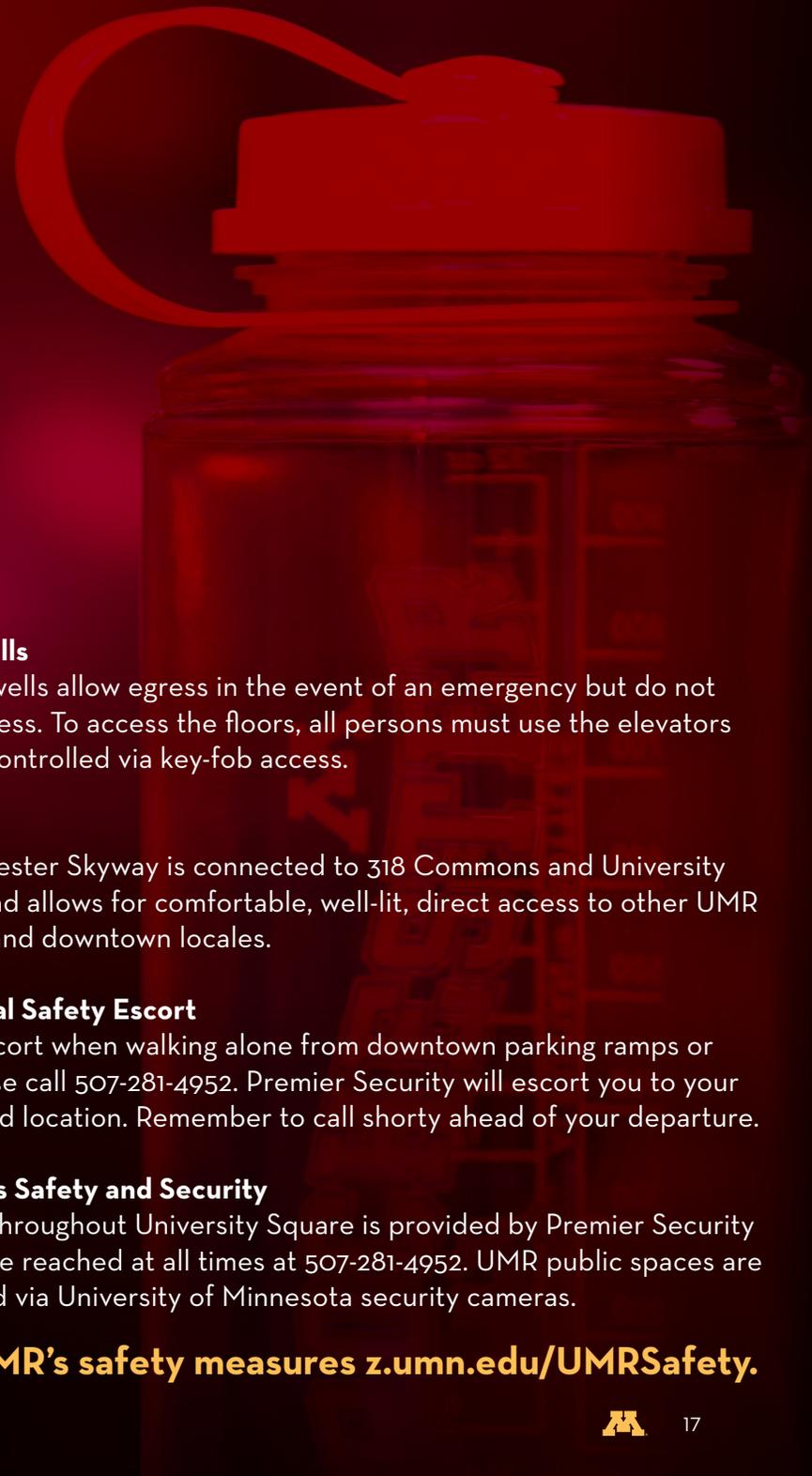
> Personal Safety Escort

For an escort when walking alone from downtown parking ramps or lots, please call 507-281-4952. Premier Security will escort you to your designated location. Remember to call shortly ahead of your departure.

> Campus Safety and Security

Security throughout University Square is provided by Premier Security and can be reached at all times at 507-281-4952. UMR public spaces are monitored via University of Minnesota security cameras.

Find UMR's safety measures z.umn.edu/UMRSafety.



FINANCIAL AID

At UMR, we understand the financial commitment and rely on powerful partnerships, scholarships, expert coaching and unparalleled curriculum to make every dollar count.

ONE STOP

One Stop provides student information regarding registration, records, financial aid, billing, payment and veterans benefits.

FAFSA

The Free Application for Federal Student Aid (FAFSA) is used for all types of financial aid, including federal and state aid. ALL students are encouraged to file at www.fafsa.gov. You must apply annually (any time after October 1) for the next school year. In July, you will be notified by email of your eligibility for grants, scholarships, work-study, or loans from federal, state and University programs.

SCHOLARSHIPS

The application for continuing student scholarships is made available during spring term of each academic year, typically mid-March. All current UMR students planning to continue studies through UMR the following academic year are encouraged to search for applicable scholarships and apply.

For additional scholarship opportunities, visit onestop.r.umn.edu/finances/scholarships.

ONE STOP STUDENT SERVICES

umr1stop@r.umn.edu

onestop.r.umn.edu

507-258-8069

TECHNOLOGY

Several technology resources and tools are available to connect you with University information, grades, email, financial information and much more.

GETTING STARTED

Even before you arrive on campus, you can set up your account and start using University technology resources and services. To get started, visit z.umn.edu/New-Student.

MyU

[MyU.umn.edu](https://myu.umn.edu) is the official U of M web portal, personalized with tools to help you be successful. Use MyU to register for classes, access financial aid and billing, track degree progress, view grades, learn about resources and events, manage your information and much more.

UNIVERSITY EMAIL ACCOUNT

All students are provided with free Internet access and a personal email account. You must activate your U of M email account in order to receive your student bill and other pertinent information. This email account is also your link to registering for future courses online.

G SUITE (GOOGLE)

Share documents and collaborate with others by using your University Google account. In addition to your U of M email, you can access Drive, Calendar, Chat, Sites and more. More information available at z.umn.edu/G-Suite.

TECHNOLOGY HELP

Reset your password, connect to the Internet, and troubleshoot issues with Canvas, DUO, MyU and more. Call 612-301-4357, chat at chat.it.umn.edu or email help@umn.edu for 24/7 support. Connect with Rochester's IT team via email at umrhelp@umn.edu or by phone at 507-258-8748. More information available at it.umn.edu/Help.

LAPTOP INFORMATION

UMR highly recommends that all students use a personal laptop that meet minimum technical specifications. Due to the increase in online learning and collaboration, a device that has a webcam and microphone is essential. Lack of an acceptable device will impact participation in class activities and ability to complete coursework.

Annually, UMR IT will update minimum computer specifications for laptop computers new students bring to campus. UMR IT works with the bookstore to stock a recommended computer that exceeds these minimum recommendations.

Students that purchase the recommended laptop via the bookstore will receive the highest level of support. Our goal for all students is to provide the best help we can based on the device they have. Sometimes that will mean referring issues to outside repair or recommending a device is updated to meet the minimum standard.

More information available at z.umn.edu/UMRITResources.

WELLNESS AND RECREATION

Well-being is a state where we are flourishing, feel content, connected to purpose, people and community; peaceful and energized; resilient and safe.

ROCHESTER AREA FAMILY YMCA

UMR partners with the Rochester Area Family YMCA to provide intramural, fitness and recreation opportunities for UMR students. All degree-seeking students who are enrolled in six or more credits automatically receive a Y membership when they pay the UMR Student Services Fee.

STUDENT HEALTH SERVICES

The Olmsted Medical Skyway Clinic is located on the 2nd floor of 318 Commons. This service is free to all students who have paid the UMR Student Services Fee. Students must show their UCard upon arrival in order to ensure access to all student health services and avoid any billing, copays or charges.

More information available at z.umn.edu/HealthServices.

COUNSELING SERVICES

Counseling Services can be a useful resource to students by helping problem solve challenges and develop a path forward. Counseling services are free of charge for enrolled UMR students. Students are responsible for any charges that result from off-campus referrals. Appointments are confidential. Appointment information and meeting contents are not a part of your academic record.

Schedule a counseling session at z.umn.edu/Counseling.



STUDENT INVOLVEMENT

We hope that during your time at UMR, you make your forever friends, create memories and build a network that will help you succeed as a student and as a college graduate.

STUDENT CLUBS AND ORGANIZATIONS

UMR students are active in over 30 student clubs and organizations dedicated to health sciences and social and civic engagement. Students are leaders making a difference on campus and in the community.

View the current list of clubs at z.umn.edu/UMRStudentGroups.

ROCHESTER STUDENT ASSOCIATION

RSA is the undergraduate student government. As the voice of the student body, RSA advocates for student interests by helping to shape University policy, working with University administrators and the Board of Regents and engaging legislators at every level of government.

More information available at z.umn.edu/RochStudentAssociation.



LIVING LEARNING COMMUNITIES (LLC)

LLCs are an opportunity for students with similar interests to live and learn together. Students who choose to live in an LLC participate in programs, activities and initiatives that cater to their academic, social and personal needs. Each LLC provides opportunities for leadership, civic engagement and to further develop their self-identities as future health care professionals.

Check out UMR's Living Learning Communities at z.umn.edu/UMRLLC.

ENRICHMENT OPPORTUNITIES

UMR students engage in a variety of meaningful experiences exploring careers, developing skills and competencies, and connecting with professionals contribute to further career development.

COMMUNITY ENGAGEMENT

UMR students actively participate in meaningful community engagement opportunities including:

- Volunteering at Mayo Clinic in wayfinding and other roles
- Participating in grant-writing with UMR's Civic Engagement Scholar for organizations such as The Village Community Garden
- Serving as an Activity Planner at Rochester Center for Autism
- Volunteering at National Alliance on Mental Illness
- Housewarmer at Ronald McDonald House
- Assisting Family Service Rochester with older-adult companionship

More information available at z.umn.edu/CommunityEngagement.

JOBS AND INTERNSHIPS

Work experiences that allow you to follow an interest, practice and develop your skills, and/or live out your values can help you explore your career options. Engaging work experiences help you test drive your career options are about more than just making money.

Learn more at z.umn.edu/JobsandInternships.

RESEARCH OPPORTUNITIES

As an undergraduate student at UMR, you can pursue opportunities to conduct research with UMR faculty or off-campus at one of our partner organizations, such as Mayo Clinic. Participating in research can help you develop technical and critical thinking skills, gain a deeper understanding of science by applying concepts learned in the classroom to real-world problems and help you prepare for graduate school, health professions or industrial research.

Discover more at z.umn.edu/ResearchOpportunities.

CAPSTONE EXPERIENCE

All BSHS students have the unique opportunity to personalize their education with a Capstone Experience. A Capstone is a combined set of learning experiences focused on an individualized theme that aligns with each student's personal and professional goals.

Discover more at z.umn.edu/CapstoneExperience.

STUDY AWAY

UMR offers Study Away opportunities to hundreds of domestic and international destinations, where students can broaden their world view through cultural exchanges. Students are able to improve or learn another language, meet new people, enhance their resume, learn to think globally and grow as an individual and professional.

UMR students have opportunities to study throughout the United States as part of the National Student Exchange and to study outside of the United States with programs offered through the Learning Abroad Center at the University of Minnesota Twin Cities campus.

More information available at z.umn.edu/UMRStudyAway.
Study Away Viewbook available at z.umn.edu/StudyAwayViewbook2019.

NATIONAL SCHOLARSHIPS AND FELLOWSHIPS

National scholarships and fellowships are available for outstanding students to extend their UMR experience beyond campus borders. There are a number of competitive national fellowships and awards for which UMR students can apply and compete. Most of these scholarships require high academic achievement; each specifies areas of interest or skills desired. All of the scholarship applications take time to prepare – give yourself weeks or months to assemble a strong application.

Review opportunities at z.umn.edu/ScholarshipsandFellowships.

MENTORSHIPS

A strong mentoring opportunity can be one of the most valuable components of a student's educational experience.

UMR offers a mix of mentorship opportunities:

- UMR Alumni Mentorship Program
- Pre-Med Insight
- eMERGING Leaders MERG Mentoring Program
- Maroon and Gold Network

Learn more about each opportunity at r.umn.edu/UMR-Mentorships.



ACADEMIC SUPPORT

DISABILITY RESOURCES CENTER (DRC)

Students registered with DRC may have diagnoses or conditions that include, but are not limited to: Attention Deficit Hyperactivity Disorders, Autism Spectrum Disorders, Blind and Visually Impaired, Traumatic Brain Injuries, Chronic Health Conditions, Deaf and Hard of Hearing, Medical Disabilities, Learning Disabilities, Physical Disabilities, Speech, Mental Health and Temporary Disabilities.

DRC coordinates accommodations with students, instructors, housing and university stakeholders. Some accommodations may include but are not limited to: testing services, technology assistance, document conversion, housing accommodations, sign language and captioning services and physical accessibility.

Register with DRC by scheduling an intake appointment at disability@r.umn.edu or 507-258-8058.

- Bring current documentation (medical reports, Individualized Education Programs, 504 Plans, letters from health care providers)
- Complete registration agreement

More information available at z.umn.edu/DisabilityResources.

LIBRARY AND INFORMATION COMMONS

UMR's Library and Information Commons provides access to a wide array of electronic and printed materials. Students have access to all U of M Libraries' online resources for academic programs, including the catalog, periodical indexes and full text articles. Books and other printed materials may be obtained through document delivery or inter-library loan. Students should contact the Information Commons staff to assist them with their requests.

More information available at z.umn.edu/UMRLibrary.



STUDENT SUCCESS COACHES

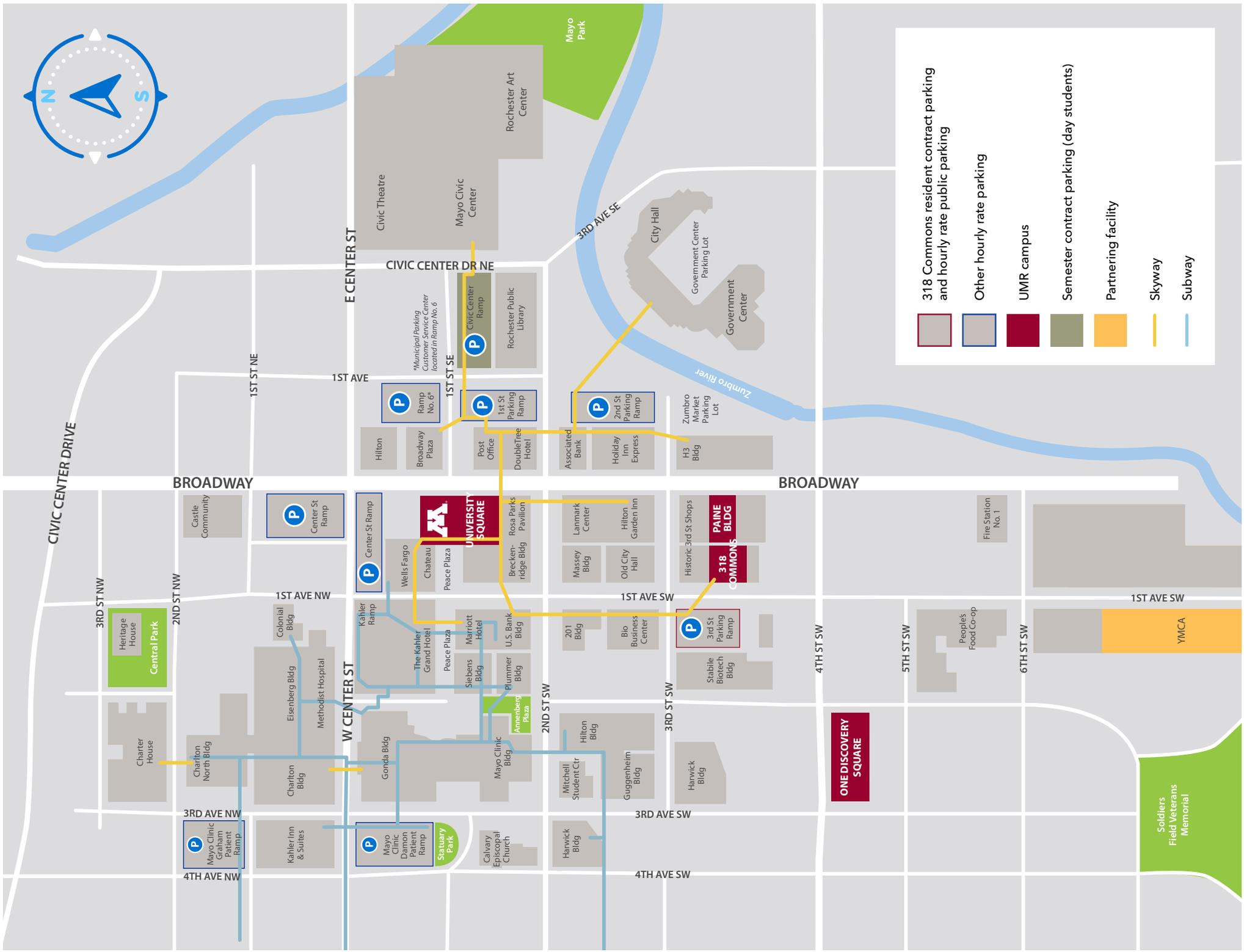
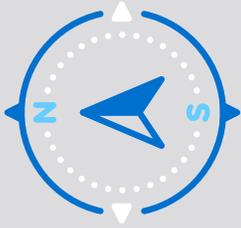
Every student in the Bachelor of Science in Health Sciences (BSHS) and Bachelor of Science in Health Professions (BSHP) programs is assigned a student success coach. Student Success Coaches provide individualized support to help students navigate their college experience in the way of academic coaching, career coaching, life coaching, pre-health coaching.

Schedule an appointment with your coach at z.umn.edu/UMRSuccess.

JUSTASK

JustASK is located on the 3rd floor lounge of University Square and in 318 Commons (in the large room attached to Paine and in the red booth area). JustASK is where current students go to ask questions, get suggestions, talk about strategies and discover solutions.

Find the most up-to-date faculty JustASK hours at z.umn.edu/JustASK.



318 Commons resident contract parking and hourly rate public parking

Other hourly rate parking

UMR campus

Semester contract parking (day students)

Partnering facility

Skyway

Subway



Heritage House
Central Park

Mayo Clinic
Graham
Patient
Ramp

Mayo Clinic
Damon
Patient
Ramp

Statory Park

UNIVERSITY
SQUARE

318
COMMONS

ONEDISCOVERY
SQUARE

Soldiers
Field Veterans
Memorial

YMCA

CIVIC CENTER DRIVE

BROADWAY

BROADWAY

1ST ST NE

1ST AVE

1ST AVE NW

3RD AVE NW

4TH AVE NW

W CENTER ST

E CENTER ST

CIVIC CENTER DR NE

1ST ST SE

2ND ST SW

3RD AVE SE

3RD ST SW

3RD AVE SW

4TH AVE SW

4TH ST SW

5TH ST SW

6TH ST SW

1ST AVE SW

Mayo Park

Rochester Art Center

Civic Theatre

Mayo Civic Center

*Municipal Parking
Customer Service Center
located in Ramp No. 6

Civic Center Ramp

Ramp No. 6

1st St Parking Ramp

2nd St Parking Ramp

Post Office

DoubleTree Hotel

U.S. Bank Bldg

Mayo Clinic Bldg

Calvary Episcopal Church

Harwick Bldg

Mitchell Student Ctr

Guggenheim Bldg

Harwick Bldg

Mayo Park

Rochester Art Center

Civic Theatre

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Mayo Clinic Bldg

Calvary Episcopal Church

Harwick Bldg

Mitchell Student Ctr

Guggenheim Bldg

Harwick Bldg

STUDENT CONDUCT

STUDENT CONDUCT

Students are subject to campus procedures for potential violations of code. Potential conduct violations can be resolved through informal conversations and resolution, or through a formal hearing process. Both processes are based on the concepts of respect for all community members, education through the disciplinary process and fundamentally fair treatment of students. Learn more about Student Conduct and refer to the Student Handbook at z.umn.edu/UMRStudentConduct.

CONCERN FORMS

UMR has a strong ethic of care for students and has created a reporting system that allows students, faculty and staff to share concerns related to a student's health, relationships, academic difficulty or unknown. Reports of potential violations of code or other concerns about students should be submitted using the appropriate form and a member of the Student Conduct Team, Care Team or Title IX Team will follow-up accordingly. Fill out the appropriate form at z.umn.edu/UMRConcernForms.

SEXUAL ASSAULT

UMR is committed to creating a campus that is free of sexual assault, sexual violence, sexual harassment, stalking and relationship violence. The Chancellor's Committee to End Sexual Misconduct leads campus efforts.

HATE/BIAS

UMR is committed to creating an inclusive campus climate where all students feel welcome, valued and safe. A hate/bias incident is a non-criminal act motivated, in whole or in part, by the victim's actual or perceived racial/ethnic identity, gender identity/expression, sexual orientation, political affiliation, religion, social class, immigrant background, disability, veteran status or age.

GLOSSARY

ACADEMIC PROGRESS AUDIT SYSTEM

The APAS report lists your degree requirements, summarizes your progress and explains what you will need to do to complete your declared degree program.

CAMPUS BUILDINGS

- **University Square** - Office of the Chancellor, Office of Admissions, One Stop, Student Resources Center, Information Commons, laboratories, student lounge spaces, JustASK and LearnLabs
- **One Discovery Square** - Laboratories, student lounge spaces and LearnLabs
- **318 Commons** - Student housing, laboratories, student lounge spaces, JustASK and LearnLabs
- **Paine** - Faculty offices and conference rooms
- **Residence at Discovery Square** - Sophomore through Senior Student housing

UCARD

Your official University of Minnesota ID gives you access to different services on campus.

UNDERGRADUATE ACADEMIC ASSISTANT (UAA)

UAA are students who assist faculty in supporting classes and sometimes facilitate help sessions, provide feedback on work or direct in-class support.

X.500

Your University Internet ID.

DIRECTORY

ALUMNI AND DEVELOPMENT

507-258-8417
lanz0059@umn.edu
z.umn.edu/UMRALumni

BOOKSTORE, U OF M

507-258-8070
MGearstore.com

CAREER SERVICES

507-258-8242
jjcasper@r.umn.edu
z.umn.edu/UMRCareerDevelopment

COUNSELING SERVICES

507-258-8017
batem108@r.umn.edu
z.umn.edu/Counseling

DISABILITY RESOURCE CENTER

507-258-8058
Disability@r.umn.edu
z.umn.edu/DisabilityResources

DIVERSITY AND INCLUSION

507-258-8106
will2036@r.umn.edu
z.umn.edu/DiversityInclusion

EMAIL, U OF M

mail.umn.edu

INFORMATION TECHNOLOGY

507-258-8748
UMRHelp@umn.edu
r.umn.edu/IT

INTERCULTURAL LEARNING & DEVELOPMENT

507-258-8106
will2036@r.umn.edu
z.umn.edu/DiversityInclusion

LIBRARY & INFORMATION COMMONS

507-258-8035
sancomb@umn.edu
z.umn.edu/UMRLibrary

MYU WEB PORTAL

MyU.umn.edu

OFFICE OF RESIDENTIAL LIFE

507-258-8240 (Front Desk)
507-202-1927 (Emergency/On-Call)
rhousing@r.umn.edu
z.umn.edu/UMRHousing

ONE STOP STUDENT SERVICES

507-258-8069
UMR1Stop@r.umn.edu
onestop.r.umn.edu

STUDENT HEALTH SERVICES

507-258-8671
kabarry@r.umn.edu
z.umn.edu/HealthServices

STUDENT SUCCESS COACHING

z.umn.edu/UMRSuccess

STUDY AWAY

507-258-8106
will2036@r.umn.edu
z.umn.edu/UMRStudyAway

The University of Minnesota shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.