Building a Flourishing Relationship Behind a Screen: Creating a space for Team Building and Mentoring

Project Goal
The goal of my EcoliteracySchool project is to nurture meaningful mentorship relationships between high school and college students through designing student-informed discussions, implementing Mentorship Pod engagements, and facilitating activities promoting team building and collaboration.

Public Health Background
- Public health initiatives prioritize population health by promoting and protecting the community’s health.¹
- Collaboration allows for building relationships and an exchange of knowledge and practice.²
- Effective communication and team correspondence is vital in order to promote and protect our community.³

Mentorship
- Advise PIHS student of opportunity of what to do before college
- Guidance through college
- Inform mentees about pre-med pathway
- Building relationships as a new student
- Click or scan QR to see the Podcast Series that PIHS created

Project Plans
- Develop three discussion online mentoring platform to build relationship
- Create an activity to promote teambuilding and collaboration

Discussion
- The importance of teambuilding and mentorship
- How to create a strong relationship with your mentees while being online
- How to work together even though we aren’t meeting in person that often
- How online mentorship can be fun and engaging

What I learned
- Being a leader means listening to the people and creating a space that works for them to succeed. It’s not about you
- Public Health isn’t an individual project. It takes a team to create a healthy community
- The environment can easily change by the destruction of niches, but there are many small changes that we can do as a community to protect it

References