

# Just In Case: Sexual Health Resources & Accessibility in the Making



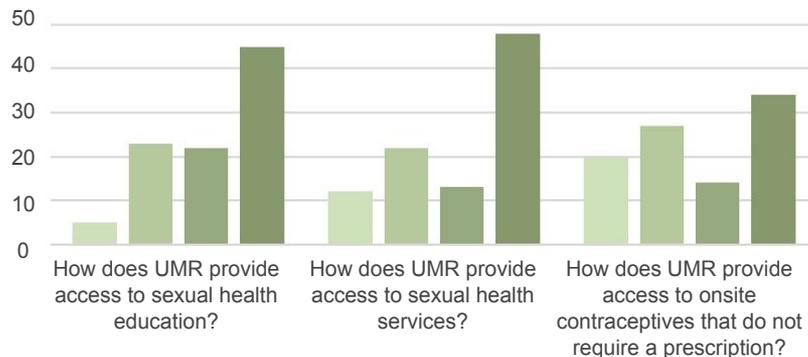
UNIVERSITY OF MINNESOTA ROCHESTER

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## Introduction

- \* Despite contraceptive methods and reproductive resources, unintended pregnancies are common<sup>1</sup>
- \* Women between the ages of 15 & 44 are at greatest risk of an unintended pregnancy<sup>2</sup>
- \* 40% of all pregnancies in MN were unintended<sup>3</sup>
- \* Prevalence of pregnancy in non-Hispanic Black or Hispanic women is double that of White women<sup>4</sup>
- \* 32% of women who seek publicly funded family services are assisted with contraceptive services & supplies<sup>4</sup>
- \* Factors contributing to unprotected sex:
  - \* Assumptions that risk of pregnancy is low
  - \* Inaccurate knowledge of birth control methods
  - \* Inaccurate knowledge of STI transmission
- \* Surveying 487 colleges & universities revealed:
  - \* 70.6% had a health center
  - \* 73.0% offer STI diagnosis & treatment
  - \* 70.1% offer contraceptive services
  - \* 66.8% offer condoms on campus
- \* Surveying 95 UMR students revealed:
  - \* 50% of students are uncertain if sexual health services are available
  - \* 14% & 23% of students indicate minimum to no (respectively) access to sexual health services
  - \* 65% of students indicate that concerns over privacy would prevent contraceptive attainment at UMR

## Student Perception of Sexual Health Services Available



## Sexual Health Services Desired by UMR Students

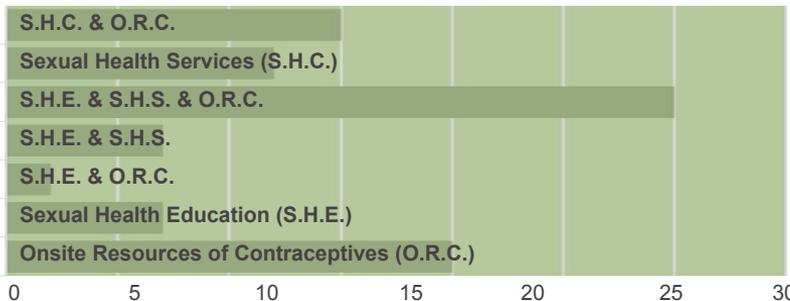


Figure 1: UMR student perception of sexual health services available and desired sexual health services

References



## Why We Care

- \* UMR is racially & ethnically diverse
- \* Cost is an articulated barrier to contraceptive access
- \* Financial insecurity is a reality of UMR students
- \* Privacy & comfort are important factors for UMR students' to access sexual & reproductive resources
- \* Most effective interventions included:
  - \* long term or ongoing efforts
  - \* multiple learning approaches & settings
  - \* individualized approaches for diverse populations
  - \* emotional aspects of sexuality and relationships were included in educational materials

## "Just In Case"

**Aim: Meet UMR students' sexual health & educational needs**

Task: Apply for funding from the Office of the Assistant Secretary for Health: PA-FRP-22-001 (Innovative Strategies to Increase Equitable Access)

Goal: Design & implement a novel & discrete strategy to provide sexual health supplies to the UMR student population

- Ex. "Just In Case": discrete, private, individualized & free care kits delivered directly to students
- Ex. "Just In Case": access to reproductive health products through accessible vending machines