

Just In Case: Sexual Health Resources & Accessibility in the Making



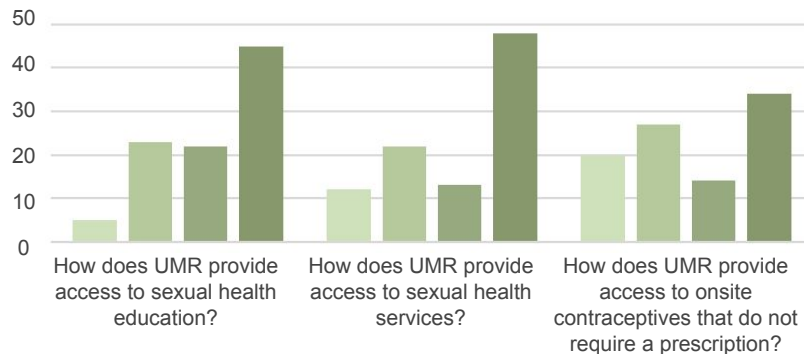
UNIVERSITY OF MINNESOTA ROCHESTER

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Introduction

- * Despite contraceptive methods and reproductive resources, unintended pregnancies are common¹
- * Women between the ages of 15 & 44 are at greatest risk of an unintended pregnancy²
- * 40% of all pregnancies in MN were unintended³
- * Prevalence of pregnancy in non-Hispanic Black or Hispanic women is double that of White women⁴
- * 32% of women who seek publicly funded family services are assisted with contraceptive services & supplies⁴
- * Factors contributing to unprotected sex:
 - * Assumptions that risk of pregnancy is low
 - * Inaccurate knowledge of birth control methods
 - * Inaccurate knowledge of STI transmission
- * Surveying 487 colleges & universities revealed:
 - * 70.6% had a health center
 - * 73.0% offer STI diagnosis & treatment
 - * 70.1% offer contraceptive services
 - * 66.8% offer condoms on campus
- * Surveying 95 UMR students revealed:
 - * 50% of students are uncertain if sexual health services are available
 - * 14% & 23% of students indicate minimum to no (respectively) access to sexual health services
 - * 65% of students indicate that concerns over privacy would prevent contraceptive attainment at UMR

Student Perception of Sexual Health Services Available



Sexual Health Services Desired by UMR Students

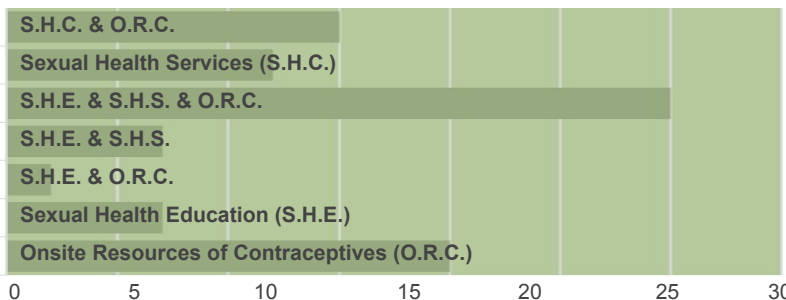


Figure 1: UMR student perception of sexual health services available and desired sexual health services

References



Why We Care

- * UMR is racially & ethnically diverse
- * Cost is an articulated barrier to contraceptive access
- * Financial insecurity is a reality of UMR students
- * Privacy & comfort are important factors for UMR students' to access sexual & reproductive resources
- * Most effective interventions included:
 - * long term or ongoing efforts
 - * multiple learning approaches & settings
 - * individualized approaches for diverse populations
 - * emotional aspects of sexuality and relationships were included in educational materials

"Just In Case"

Aim: Meet UMR students' sexual health & educational needs

Task: Apply for funding from the Office of the Assistant Secretary for Health: PA-FRP-22-001 (Innovative Strategies to Increase Equitable Access)

Goal: Design & implement a novel & discrete strategy to provide sexual health supplies to the UMR student population

- Ex. "Just In Case": discrete, private, individualized & free care kits delivered directly to students
- Ex. "Just In Case": access to reproductive health products through accessible vending machines