

A photograph of three students in front of a University of Minnesota building. A woman in a grey Minnesota hoodie stands and talks to two seated students, a woman in a red sweater and a man in a dark polo shirt. They are sitting on yellow folding chairs with backpacks on the ground. The background features a brick building with a large green arched window and the 'M' logo.

BIRD'S-EYE VIEW

Your Guide to the First Year

UNIVERSITY OF MINNESOTA ROCHESTER



DEAR RAPTOR,

Your passion for a career in health has drawn you to the University of Minnesota Rochester (UMR). **Welcome! I am so glad you are here.**

Your faculty and staff envision UMR graduates—including you—solving the grand health challenges of the 21st century. We are committed to providing you with a world-class college education and to supporting your journey through the rigors and rewards of transformative learning. Together we will live out UMR's Grounding Values of respect, diversity and inclusion, human potential, evidence-based decision making and community.

I want you to thrive while you are a UMR student. The information in this Bird's-Eye View is provided as an initial guide. **Your relationships with peers, success coaches, professors and others at UMR will serve as the ultimate guide as you move in the direction of your dreams.**

While you are at UMR, your curiosity, creativity, compassion and courage will grow. Know that this campus community is here for you, no matter what the challenge!

Onward, learning as we go,
Chancellor Carrell



CONTENTS

6 EXPECTATIONS FOR YOUR EXPERIENCE

CLI Student Outcomes
SSEE Outcomes

10 LIVING ON CAMPUS

Student Life Center
Student Living Spaces

12 RESIDENTIAL LIFE

14 EATING ON CAMPUS

15 TRAVERSING CAMPUS

16 SAFETY AND SECURITY

18 FINANCIAL AID

20 TECHNOLOGY

22 WELLNESS AND RECREATION

Student Health Services
Recreation
Counseling Services

24 STUDENT INVOLVEMENT

Activities and Campus Events
The Nest
Clubs and Organizations

26 ENRICHMENT OPPORTUNITIES

Community Engagement
Jobs and Internships
Research Opportunities
Capstone Experience
Mentorship
Study Away
Scholarships and Fellowships

30 ACADEMIC SUPPORT

Disability Resources Center
Library and Info Commons
Student Success Coaches
JustASK

32 ATTENDANCE AND ACADEMIC POLICIES

34 STUDENT CONDUCT

36 CAMPUS MAP

38 GLOSSARY

40 DIRECTORY



UMR'S VISION

The University of Minnesota Rochester will inspire transformation in higher education through innovations that empower our graduates to solve the grand health challenges of the 21st century.

EXPECTATIONS FOR YOUR EXPERIENCE

During Orientation and Welcome Week, Student Outcomes are often mentioned. These outcomes provide a framework for the undergraduate experience.

Center for Learning Innovation Student Outcomes

Student Outcomes help guide faculty and staff to develop courses and learning activities to provide strategic ways to improve teaching and learning. The intent is that the Student Outcomes listed prepare students to speak about their experience and knowledge. This is an example of the University's commitment to exceptional teaching and learning. Students can begin working toward achieving these outcomes today.

Knowledge in the Health Sciences

UMR students will acquire knowledge to provide a substantive foundation for advanced learning in the health sciences and related disciplines, including humanities, biological science, historical perspective, literature, mathematical thinking, physical science and the social sciences.

Intellectual and Practical Skills

UMR students will demonstrate progressively advanced competence in the intellectual and practical skills related to oral and written communication, independence, interdependence and reasoning, including scientific inquiry, quantitative literacy, information literacy and problem-solving.

Self Regulation

UMR students will develop and implement practices associated with self-monitoring, goal orientation, academic discipline, determination, accountability and responsibility. In addition, students will develop the ability to evaluate and modify reactions and behaviors in order to work under conditions of uncertainty and facilitate introspection and resilience.

Social Engagement

UMR students will apply an understanding of multiple perspectives, experiences and social structures to interact with people from diverse backgrounds and recognize local and global challenges.

Student Success, Engagement and Equity Outcomes

In addition to the Center for Learning Innovation Student Outcomes, the Student Success Engagement and Equity (SSEE) team provides opportunities where students can apply additional skills to engage with a community of different backgrounds.

These skills take the shape of problem-solving, learning to ask for assistance, developing self-advocacy and navigating difficult situations. Additional skills include:

Critical Thinking

Developed by building relationships with mentors, connecting with various resources on campus, being adaptable and speaking their truth.

Community Integration and Campus Engagement

Active participation in campus events, learning to take personal responsibility and understanding the overall impact of actions and words.

Well-Roundedness

Exhibited in how students relate to others from different backgrounds, seek out meaningful experiences outside of the classroom, find a sense of purpose, practice well-being and self-care and take responsibility for their own learning.



LIVING ON CAMPUS

Welcome to your home away from home at UMR!

Student Life Center

The Student Life Center (SLC) is UMR's newest addition to on-campus housing and is home to all first-year students. This new, vibrant space acts as a hub of campus life for many students.

- 12 floors and 400 bed spaces.
- Lounges on each floor designated for studying or socializing, there is a space for everyone.
- Resident Assistant for programming and serves on-call as an after-hours emergency contact at **507-910-8998**.
- Easy access to UMR's on campus dining space.
- Lower-level laundry facilities and Residential Life front desk (first floor).
- A dedicated space for wellness, fitness classes and swimming.
- Indoor bike storage available.

Intercultural Student Center

- Located on the first floor of SLC, the Intercultural Student Center, a place for students to gather for programming and mentorship, is home to the Intercultural Initiatives Office that provides specific support and advocacy for UMR's BIPOC students.

Returning Student Living Spaces

318 Commons

- 318 Commons contains seven residential floors which house 250+ residents.
- Resident Assistant located on each residential floor and serves on-call as an after-hours emergency contact at **507-517-8277**.
- The 318 Commons Front Desk, located on the first floor, serves as a general resource center for UMR students and can be contacted at **507-258-8240**.
- The Nest, Food Pantry and Center for Learning Innovation (CLI) are located in this building.

Residence at Discovery Square (RDS)

- Resident Assistant for programming and serves on-call as an after-hours emergency contact at **507-517-8277**.
- Unfurnished apartments.
- Balconies on each apartment.
- Community space and UMR dedicated lounge space.
- 24/7 fitness center, indoor gathering space and outdoor patio.
- Underground parking (additional fee).

RESIDENTIAL LIFE

The Office of Residential Life (ORL) provides residents with resources to succeed personally, academically and socially. The needs and interests of residents are assessed to implement a first-class, community-centric environment.

Residential Life Director (RLD)

The RLD is the primary UMR staff member who manages daily housing operations and serves on the student conduct team and the on-call emergency response team.

Assistant Community Life Director (ACLD)

The ACLD is a live-in UMR staff member who manages daily SLC operations, supervises the RAs and provides student development guidance and Living Learning Community (LLC) support for SLC residents. The ACLD serves on the on-call emergency response team.

Resident Assistant (RA)

The RA is responsible for the students on their floor as well as the greater student population living in the residence halls. RAs foster an inclusive living and learning environment with an emphasis on academic success, building healthy relationships, personal growth, responsibility, respect, leadership and citizenship. RAs at SLC provide social programming that builds community and identity for LLCs of which students are required to participate.

Desk Assistant (DA)

DAs are student staff members who work at 318 Commons and SLC front desks to assist with various tasks and responsibilities. DAs welcome people to University spaces, distribute packages, troubleshoot issues and serve as an excellent resource.

Residential Life

z.umn.edu/UMRHousing

ORL Policies and Procedures

z.umn.edu/UMRPolicies

Maintenance

For urgent maintenance concerns, call the RA on-call.

318 Commons and RDS: **507-517-8277** SLC: **507-910-8998**

For non-urgent maintenance concerns at 318 Commons, submit an online work order at z.umn.edu/UMRMaintenance.

RDS residents may call **507-995-1557**.

Mail

Each apartment in 318 Commons, RDS and SLC is assigned a mail key to open the mailbox. Roommates share this key as a common resource. Packages may be delivered to the front desk or placed in the package lockers below your mail slot (package locker keys are in the mailbox). If the package is delivered to the front desk, a staff member will send an email requesting pick up within three days.

318 Commons mail is delivered to mailboxes on the first floor, just beyond the elevator lobby.

SLC mail is delivered to mailboxes on the first floor, across from the bike storage room.

RDS residents may pick up their mail in the mailroom located on the first floor across from the elevators. Each resident may sign up for a package locker system through the LuxerOne system.

A photograph of two students, a young woman with long dark hair and a young man with braided hair, standing in front of a large, leafy green plant. The woman is holding a small red apple. The background is slightly blurred, showing an indoor setting with large windows.

EATING ON CAMPUS

Raptor Eats

Raptor Eats offers a 19 meals per week plan for all UMR students. Students living in SLC must be on the meal plan. All other students have the option of purchasing the meal plan. For more information, visit r.umn.edu/Dining-Services.

Food Pantry

Located on the first floor of 318 Commons, the UMR Food Pantry is made possible through donations from the Channel One Food Bank of Rochester and the People's Food Co-Op. Donated items range from basic kitchen essentials to personal hygiene products and are available to all UMR students, faculty and staff throughout the year. For hours, visit z.umn.edu/UMRFoodPantry.

TRAVERSING CAMPUS

Parking

A limited number of parking contracts are available in city-owned ramps downtown. To access University rates and place the charges on your account, visit z.umn.edu/UMRParking. Contact parking@r.umn.edu with questions.

Transportation

Rochester Public Transit serves the city. Student rates are available at z.umn.edu/CityBus. Students interested in a 120-day bus pass that plan to place the charge on their student account should purchase the pass via One Stop by contacting umr1stop@r.umn.edu; all other students can purchase passes via Eagle Store located near University Square.

Skyway and Subway System

Climate controlled skyway and underground walkways connect much of the downtown area and offer access to businesses, hotels, shops and dining. Portions of the system are privately owned and managed and may be open at different times.

SAFETY AND SECURITY

One of UMR's primary goals is to create and maintain safe living and learning environments. ORL works in conjunction with campus-wide safety partners and the city of Rochester to ensure that your time at UMR is conducive to learning and living without interference.

Building Rounds

Each night, a member of the RA and Security Monitor staff performs building rounds in each residence hall. For concerns or emergencies after hours, 318 Commons and RDS on-call RAs can be reached at **507-517-8277** and SLC on-call RAs at **507-910-8998**.

Student Security Monitors

A member of the Student Security Monitor team performs rounds maintaining a presence in, 318 Commons, SLC and University Square. Monitors are available for any emergency or concern and are able to contact building and emergency personnel.

Room Doors

All apartment and individual bedroom doors have locking mechanisms. Apartment doors are always locked and can only be accessed via security devices given to the roommates of the apartment. Bedroom doors in 318 Commons may be locked or unlocked via keys given to each resident.

Security Device Elevator Access

Access to any of the residential floors is limited to residents of the building via security device. No person can access any residential floor without a resident-assigned device.

UMR Safety Measures
z.umn.edu/UMRSafety

Safety Tips
safe-campus.umn.edu

Stairwells

The stairwells allow egress in the event of an emergency but do not allow ingress. To access the floors, all persons must use the elevators that are controlled via security device access.

Skyway

Rochester's skyway system connects to 318 Commons, SLC and University Square, and allows for comfortable, well-lit, direct access to other UMR facilities and downtown locales.

Campus Safety and Security

Security throughout University Square is provided by Best Crowd Management, who can be reached at **507-884-1533**. UMR public spaces and adjacent non-UMR public spaces are monitored by a variety of modes including University security cameras, City of Rochester and Mayo Clinic secured camera systems, Rochester Police and other security resources. The non-emergency police number is **507-328-6800**.

Clean and Safe Ambassador Program

Personal safety escorts when traveling throughout downtown are available by contacting an ambassador at **507-316-7511** or cleanandsafe@downtownrochestermn.com. More information at downtownrochestermn.com/clean-and-safe-ambassador-program.

SAFE-U

Rapid notifications in emergency situations will be sent via text, phone call and email, depending on individual preferences. **Contact methods may be updated or changed within MyU.**

FINANCIAL AID

At UMR, we understand financial commitment and rely on powerful partnerships, scholarships, expert coaching and unparalleled curriculum to make every dollar count.

One Stop Student Services

One Stop counsels students on their registration, record, financial aid, billing and payments and personal financial wellness.

FAFSA

The Free Application for Federal Student Aid (FAFSA) is used for various types of financial aid, including federal and state aid. All students are encouraged to file at www.fafsa.gov. Students must apply annually for the next school year. For Rochester students, the school code is **003969**. Late July, students will be notified by email of their eligibility for grants, scholarships, work-study, and/or loans from federal, state and University programs.

Scholarships

All UMR scholarships for continuing students are maintained and decided upon by the Office of Admissions. Please contact the Office of Admissions at applyumr@r.umn.edu with questions. For additional scholarship information, visit onestop.r.umn.edu/finances/scholarships.

One Stop Student Services

3rd floor, University Square

umr1stop@r.umn.edu

onestop.r.umn.edu

507-258-8069



ROCHESTER
www.r.umn.edu

TECHNOLOGY

Technology resources are available to connect to grades, email, financial information and much more.

MyU

MyU.umn.edu is the official UMN portal to register for classes, access financial aid and billing, track degree progress, view grades, learn about resources and events, manage personal information and access email.

University Email Account

All students are provided with free Internet access and a university email account that serves as the official communication tool. Students must activate their UMN email account in order to register for courses, receive their student bill and other pertinent information. For additional information, visit z.umn.edu/New-Student.

Google Workspace

Using Google Workspace, students can create and collaborate on word processing documents, spreadsheets and presentations online.

Technology Help

The Technology Help service desk is the first point of contact for services such as: internet accounts and passwords, email, Canvas, campus WiFi and more. For 24/7 support, contact 612-301-4357, chat.it.umn.edu or help@umn.edu. Connect with Rochester's IT team at **507-258-8887**, umrhelp@umn.edu or it.umn.edu/Help.

Technology Requirements

Many courses at UMR are centered upon drawing figures, writing mathematical expressions, illustrating biological processes, drawing chemical reaction mechanisms and annotating documents. To do this effectively, a digital tablet is required for BSHS and Nursing students taking BIOL 3344: Microbiology.

UMR highly recommends that all students use a computer that meets the minimum technical specifications. Due to the increase in online learning and collaboration, a device that has a webcam and microphone is essential. Lack of an acceptable device will impact participation in class activities and the ability to complete coursework.

Annually, UMR IT updates minimum specifications for laptop computers that new students bring to campus, and works with the UMN bookstore to stock a recommended laptop.

UMR IT aims to provide the best help possible. This occasionally means referring issues to outside repair or recommending an updated device that meets the minimum standard.

More information available at z.umn.edu/UMRITResources.



WELLNESS AND RECREATION

UMR is a community of well-being where we flourish, feel content, and connect to purpose, people and community. In this state, we are peaceful and energized, resilient and safe.

Student Health Services

The Olmsted Medical Skyway Clinic, on the second floor of 318 Commons, is free to all students who have paid the UMR Student Services Fee. Show your UCard upon arrival in order to ensure access to all student health services and avoid any billing, copays or charges. For more information, visit z.umn.edu/HealthServices.

Recreation

Recreation opportunities are available both on and off campus. On campus, students have access to the SLC workout facility, group fitness studio and classes and a swimming pool. Off campus, students can participate in intramurals and sports leagues. Virtual fitness and recreational programming is also available. For more information, visit z.umn.edu/HealthServices.

Counseling Services

UMR's Counseling Services are a safe, welcoming space to help students learn ways to cope and manage mental and emotional challenges. UMR's licensed counselors are highly trained and compassionate about helping students develop healthy learning behaviors and learn effective ways for self-care to promote overall well-being and focus, helping students succeed in their academic journey. Students can utilize the service for any concerns beyond mental health. Services are confidential.

Counseling Services provides services for common concerns, such as life stressors, anxiety, depression, relationships and improving coping skills. A student support group, mental health ambassadors program, educational program and de-stress program are also available.

One-on-one counseling is provided both in-person and via telehealth, with no limits on numbers of visits. LearnToLive, an online therapy service, is also available. All counseling services are free of charge for enrolled UMR students.

Learn more about services provided and schedule a counseling session at z.umn.edu/Counseling.



STUDENT INVOLVEMENT

Make your forever friends, create memories and build a network that will help you succeed as a student and as a college graduate.

Student Activities and Campus Events

Get involved on campus by participating in fun events, community collaborations and unique opportunities that build connections.

RaptorLink

A comprehensive resource for UMR students to find out more about campus events and activities.

Raptor Report

The student newsletter is published every week during the academic year to communicate upcoming events, opportunities, reminders and other important announcements to students.

Events at Discovery Square

Discovery Square is an innovation hub for downtown Rochester and a space for UMR students to engage with the community at large. Learn more about upcoming events at twodiscoverysquare.com/events.

Welcome to The Nest

Whether looking for a game of ping pong, air hockey, foosball, billiards, or to relax by a fire while watching a favorite show on the big screen with friends, The Nest is where Raptors gather to socialize, play games and take a break from academic rigor.

This student lounge space is located on the ground floor of 318 Commons and is open daily with late night hours. Students can check out recreation equipment for The Nest at the 318 Commons Front Desk.

Student Clubs and Organizations

UMR students are leaders making a difference on campus and in the community, and are active in many student clubs and organizations dedicated to health sciences and social and civic engagement.

Student clubs and organizations help create space for students to follow their passion and interest in different topics and build a community. View the current list of clubs at z.umn.edu/UMRStudentGroups.

Rochester Student Association (RSA)

RSA is UMR's undergraduate student government. As the voice of the student body, RSA advocates for student interests by helping to shape University policy, working with University administrators and the Board of Regents and engaging legislators at every level of government. More information available at z.umn.edu/RochStudentAssociation.

The background image shows two students, a woman on the left and a man on the right, both wearing aprons and focused on painting a large, colorful mural on a table. The woman is wearing a pink shirt and a blue apron, while the man is wearing an orange sweater and a black apron. They are in a room with a patterned carpet and a round table in the background. The mural they are painting features abstract shapes in orange, yellow, and blue. A sign on the table reads "NAME TAGS! STICKERS".

ENRICHMENT OPPORTUNITIES

UMR students engage in meaningful experiences such as career exploration, skill and competency development and professional networking that contribute to further career development.

Community Engagement

Many students engage in volunteer experiences during their time at UMR such as downtown wayfinding, activity planning, older-adult companionship and student representation on committees and boards. Watch for opportunities sent via the Raptor Report, attend the UMR Involvement Fair and find additional information at z.umn.edu/CommunityEngagement.

Jobs and Internships

Work experiences allow students to develop skills and live out values to help explore and test drive career options. Students can find work-study experiences on and off campus, and can also participate in internships to gain valuable experience, expanding their professional network. Learn more at z.umn.edu/JobsandInternships.

Research Opportunities

Undergraduate students at UMR can pursue opportunities to conduct research with UMR faculty or off-campus at one of our partner organizations, such as Mayo Clinic or The Hormel Institute.

Participating in research can develop technical and critical thinking skills, provide a deeper understanding of science by applying classroom concepts to real-world problems and help prepare students for graduate school, health professions or industrial research. Discover more at r.umn.edu/Student-Research.

Capstone Experience

All BSHS students have the unique opportunity to personalize their education with a Capstone experience. A Capstone is a combined set of learning experiences focused on an individualized theme that aligns with each student's personal and professional goals. Learn more at z.umn.edu/CapstoneExperience.

Mentorship

A strong mentoring opportunity can be one of the most valuable components of a student's educational experience. UMR offers a mix of mentorship opportunities such as Pre-Med Insight, eMERGING Leaders MERG Mentoring Program, Health Professions Mentoring Program, and the Maroon and Gold Network.

Applications open in September and close in early October. Learn more about each opportunity at [r.umn.edu/UMR-Mentorships](https://www.umn.edu/UMR-Mentorships).

Study Away

UMR offers Study Away opportunities to hundreds of domestic and international destinations. Students are able to improve or learn another language, meet new people, learn to think globally and grow as an individual and professional.

UMR students have opportunities to study throughout the United States as part of the National Student Exchange and to study outside of the United States with programs offered through the Learning Abroad Center at the U of M Twin Cities campus. More information available at [z.umn.edu/UMRStudyAway](https://www.umn.edu/UMRStudyAway).

Scholarships and Fellowships

National scholarships and fellowships are available for outstanding students to extend their UMR experience beyond campus borders. There are a number of competitive national fellowships and awards for which UMR students can apply and compete. Most of these scholarships require high academic achievement; each specifies areas of interest or skills desired. Review opportunities at [z.umn.edu/ScholarshipsandFellowships](https://www.umn.edu/ScholarshipsandFellowships).



UNIVERSITY OF MINNESOTA
ROCHESTER

ACADEMIC SUPPORT

As a premier health sciences university, we give our students every advantage to help them be successful.

Disability Resources Center

Students registered with the Disability Resources Center (DRC) may have diagnoses or conditions that include, but are not limited to: Attention Deficit Hyperactivity Disorders, Autism Spectrum Disorders, Blind and Visually Impaired, Traumatic Brain Injuries, Chronic Health Conditions, Deaf and Hard of Hearing, Medical Disabilities, Learning Disabilities, Physical Disabilities, Speech, Mental Health and Temporary Disabilities.

DRC coordinates accommodations with students, instructors, housing and University stakeholders. Some accommodations may include but are not limited to: testing services, technology assistance, document conversion, housing accommodations, sign language and captioning services and physical accessibility.

Register with DRC by scheduling an intake appointment at disability@r.umn.edu or **507-258-8058**. Bring current documentation (medical reports, Individualized Education Programs, 504 Plans, letters from health care providers) and complete the registration agreement. Find more information at z.umn.edu/DisabilityResources.

Library and Information Commons

UMR's Library and Information Commons is the main resource for scholarly information for faculty, staff and students. Students can utilize all UMN Libraries' online resources for academic programs, including the catalog, periodical indexes and full text articles. Books and other printed materials may be obtained through document delivery or inter-library loan.

The librarian is available for reference and research assistance and can be reached via email, in person, or through the chat widget found on the library page at z.umn.edu/UMRLibrary.

Student Success Coaches

Every student in the Bachelor of Science in Health Sciences (BSHS) and Bachelor of Science in Health Professions (BSHP) programs is assigned a student success coach. Success coaches provide individualized support to help students navigate their college experience in the way of academic and pre-health advising, career coaching and life coaching. Schedule an appointment with your coach at z.umn.edu/UMRCoach.

JustASK

JustASK is located in the many collaborative spaces at UMR, including the third floor lounge of University Square and the second floor of 318 Commons in CLI. JustASK is where students can go to ask questions, get suggestions and talk about strategies and discover solutions. These areas also provide space for collaboration and community building. Find the most up-to-date faculty JustASK hours at z.umn.edu/JustASK.

ATTENDANCE AND ACADEMIC POLICIES

First Day of Class Attendance Policy

Students must attend the first class meeting of every course in which they are registered unless approval is obtained for an intended absence before the first meeting. Without this prior approval you may lose your place in class to another student. If the first day falls during a recognized religious holiday, it does not require instructor approval, but the instructor must be notified in advance.

Excused Absences Policy

Students are expected to attend all scheduled class meetings. It is your responsibility to plan your schedule to avoid excessive conflict with course requirements. However, there are circumstances that lead to excused student absence from the classroom. For additional information, visit policy.umn.edu/education/makeupwork.

Academic Policies

UMR has many policies related to academics to provide students with a consistent and fair education. Exceptions to policy can be requested through the Academic Policy Petition process.

Students should pay close attention to course syllabi. All syllabi are required to contain certain systemwide policies, often referred to as the Universal Syllabus. In many courses, your instructor may provide a link to this information separately. Syllabi also contain course-specific policies that may vary. It is your responsibility to read and understand the syllabus and ask your instructor any questions you may have.

Find more information about all of these campus and systemwide policies on the One Stop website onestop.r.umn.edu, under the Registration and Academics tabs. Important dates for each term, such as course add and drop deadlines, can be viewed under the Calendar tab.



STUDENT CONDUCT

Conduct

To become acquainted with the University community, as well as its policies and procedures, a Student Handbook was designed. Potential violations can be resolved through informal conversations and resolution, or a formal hearing process. Processes are based on the concepts of respect for all community members, education through the disciplinary process and fundamentally fair treatment of students. Refer to the handbook at z.umn.edu/UMRStudentConduct.

Concern Forms

UMR's reporting system allows students, faculty and staff to share concerns related to a student's health, relationships, academic difficulty or unknown. A member of the Student Conduct Team, Care Team or Title IX Team will follow-up to reports of potential violations of code, sexual assault, hate/bias or other. Concerns should be submitted using the appropriate form at z.umn.edu/UMRConcernForms.

Sexual Assault

UMR is committed to creating a campus that is free of sexual assault, sexual violence, sexual harassment, stalking and relationship violence. The Chancellor's Committee to Prevent Sexual Misconduct leads campus efforts.

Hate/Bias

UMR is committed to creating an inclusive campus climate where all students feel welcome, valued and safe. A hate/bias incident is a non-criminal act motivated, in whole or in part, by the victim's actual or perceived racial/ethnic identity, gender identity/expression, sexual orientation, political affiliation, religion, social class, immigrant background, disability, veteran status or age.

GLOSSARY

Academic Progress Audit System (APAS)

The APAS report lists degree requirements, summarizes progress and explains what is needed to complete a declared degree program.

Campus Buildings

318 Commons and Center for Learning Innovation (CLI)

Recently remodeled, the second floor includes student study and collaborative space, JustASK, faculty offices and conference rooms; student housing on floors 3-9; Physics, Anatomy and Physiology Labs, and Learn Labs in the lower level; Olmsted Medical Center Skyway Clinic; and The Nest student lounge on the first floor.

One and Two Discovery Square (1DS and 2DS)

Includes Chemistry Labs, Learn Labs and collaborative student and faculty space.

Residence at Discovery Square (RDS)

Housing traditionally for second year students and above.

Student Life Center (SLC)

New dormitory style of living with residential space on floors 3-11; Student Life Center Dining Center, workout room and fitness classroom, swimming pool, laundry facilities, housing front desk, indoor bike storage, Admissions Welcome Center and Intercultural Student Center.

University Square (USQ)

Includes Office of the Chancellor and associated administrative functions, Office of Admissions, One Stop and the Registrar, Student Success, Engagement and Equity Center, Information Commons, Raptor Reflection Room, student lounge spaces and JustASK, Chemistry and Microbiology Labs and Learn Labs.

UCard

The official University ID grants access to different campus services including building access to certain locations on campus. The UCard is also needed to access student discounts at various local businesses and to use printing services on campus. To order a UCard, visit ucard.r.umn.edu.

Undergraduate Academic Assistant (UAA)

UAAs are students who assist faculty in supporting classes and sometimes facilitate help sessions, provide feedback on work or direct in-class support.

x.500

Your University Internet ID.

DIRECTORY

Bookstore, U of M

507-258-8070
MGearstore.com

Career & Internship Services

507-258-8242 | jjcasper@r.umn.edu
z.umn.edu/UMRCareerDevelopment

Clean and Safe Ambassadors

507-316-7511

Counseling Services

507-258-8017 | batem108@r.umn.edu
z.umn.edu/Counseling

Disability Resource Center

507-258-8058 | disability@r.umn.edu
z.umn.edu/DisabilityResources

Diversity and Inclusion

507-258-8106 | gutie318@r.umn.edu
z.umn.edu/DiversityInclusion

Information Technology

507-258-8887 | umrhel@r.umn.edu
r.umn.edu/IT

Library & Information Commons

507-258-8035 | umrlibinfocomm@r.umn.edu
z.umn.edu/UMRLibrary

MyU Web Portal

MyU.umn.edu

Office of Residential Life Front Desk

507-258-8240 | rhousing@r.umn.edu
z.umn.edu/UMRHousing

318 Commons and RDS

507-517-8277 (Emergency/RA On-Call)

Student Life Center

507-910-8998 (Emergency/RA On-Call)

One Stop Student Services

507-258-8069 | umr1stop@r.umn.edu
onestop.r.umn.edu

Rochester Non-Emergency Police

507-328-6800

Student Health Services

507-258-8671 | kabarry@r.umn.edu
z.umn.edu/HealthServices

UMR Email Login

mail.umn.edu

U of M Crisis Line

612-301-4673 | Text UMN to 61222
z.umn.edu/Crisis

Crisis Response for SE Minnesota

844-274-7472

National Suicide Prevention Line

988



Stay connected @UMRochester

The University of Minnesota shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.

Last updated 8/23